



Breathing life into the future®
EDMONTON & NORTHERN ALBERTA CHAPTER

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Upcoming Events

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Additional Information for our Chapter events can be found on our website or call 780-466-2265 for details.

Chapter AGM, Awards & Workshop

The Chapter's 52nd AGM is on Sunday, March 10th, 2013! The AGM *isn't all about meetings* though. To start the day off we will be holding a Great Strides™ walk workshop geared towards the Team Captains but everyone is welcome! (starting at 12:15pm).



Registration for the rest of the day starts at 1:30pm. At 2:00pm Dr. Zuberbuhler and Angela Macdonald from the CF Peds clinic will talk about what is new in the world of CF and also include an update on what happened at this year's North American Cystic Fibrosis Conference! Directly after their presentation we will

recognize some of our Chapter Champions with our Awards portion and then we have a short coffee break (Snacks and coffee provided). Directly after the coffee break is when the Chapter AGM business begins, so stick around if you want to know more about what the board is planning for goals in 2013-2014 for our Chapter! We also review our past year and celebrate our successes! The 2013-2014 budget is also presented to the membership during the AGM. The board strives to keep the business as short and sweet as possible. There is an invitation with more details inserted into this Newsletter and we hope to see you there, so **Save The Date!**



Get Your Game On!



Our local Edmonton Kinette club is hosting their annual Get Your Game On fundraiser on Saturday, February 23 starting at 4:00pm to raise funds for Cystic Fibrosis Canada.

They would LOVE to have you come out and join them at On the Rocks, 11740 Jasper Ave; tickets are \$20 each and include a drink and a pound of wings. If

you are due for an evening out this is a great way to spend it! During the evening they will have a 50/50 draw, raffles, games, live music and most important...Good Times! For tickets or more information on the event, please email

kinettesforcf@edmontonkinettes.ca.

'Destination Anywhere'

Raffle Winner!

For just \$10 our lucky winner of the 2012 trip raffle is now planning a vacation for her family with a \$5000 travel voucher! Congratulations to Sharon Toronchuk. When she came to pick up her travel voucher she was saying how the only

holiday that their family has ever had was camping trips. This will be the first time they get to plan a nice tropical vacation! The draw was done on Tuesday, December 4, 2012. Thank you to everyone who supported this fundraiser!



The Edmonton & Northern Alberta Connection is a free newsletter for members published by the Cystic Fibrosis Canada, Edmonton & Northern Alberta executive committee with offices in Room 205 of St. James Elementary Catholic School at 7814-83 Street.

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Issue 61 was released on Feb 6, 2013

Mission

Cystic Fibrosis Canada helps people with cystic fibrosis. It funds research towards the goal of a cure or control for CF, supports high quality care, promotes public awareness of the disease and raises and allocates funds for these purposes.

President	Scott Hanna
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CF Peds Clinic Liaison	Angela MacDonald
CF Kin Liaison	Gerry Boehm
Chapter Manager	Kathy Irvine
Event Coordinator	Kayla McCarthy

Wetaskiwin Kinette Craft Auction

Fourteen short years ago the Wetaskiwin Kinettes formed a plan and a project was born to raise funds for Cystic Fibrosis. No one at that time could ever imagine the magnitude this project would become helping children with Cystic Fibroses.

Our project consists of a live auction, silent auction of new merchandise, 50/50 raffle and as well many door prizes. New for this year we also had a Diamond necklace raffle.

A guest speaker is also included as an important part of the event. The speaker is a person that has been directly involved with a person cystic fibrosis. Whether they themselves have had Cystic fibrosis or cared for a child with the disease, or been involved with Cystic Fibrosis Canada. This year our speaker was a recipient of a double lung transplant.

Letters are presented to the business community asking for donations for the fundraiser. Since this has been an ongoing project for many years, businesses that have faithfully given in the past are still giving. With the generosity from the community we have numerous items donated for the live auction, silent auction and as well numerous door prizes.

Admission to the door is \$15.00 or a mystery bag with the contents being worth \$15.00 as well to be auctioned off in the live auction. This has been quite an exciting part of the evening. These bags sell on an average of \$65.00, with the top two bags this year going for \$105.00 each. How can some resist a large gift bag and the anticipation of what is inside? Most often their value is well above the fifteen dollars.

In the hall are numerous items which are attractively displayed to view prior to the auction. These beautiful items are up for the live auction with some set aside for the silent action.

The auction begins, a "Vanna" presents an item to the audience and the auctioneer begins his selling expertise. The room is filled with energy and excitement waiting to see who wins the bid. As the Auction comes to a close the audience is anxiously waiting for the 50/50 draw and the diamond necklace.

Our attendance to the event may have slightly decreased in past years with a slight increase this year. Donation dollars remain strong making this a viable fund raiser for Cystic Fibrosis. To date the CF Auction hosted by the Kinette club of Wetaskiwin have donated over \$85,000 to Cystic Fibrosis Canada. With strong community backing that we have received over the years it is our hope that this project will continue for many more years to come.

Submitted by Lori Purschke (Wetaskiwin Kinette)

Coming **SOON** to our Chapter website!

We will have our very own **DONATE NOW** button on our Edmonton & Northern Alberta Chapter website before the end of February. This will be a new and more convenient way for our members to make donations! These funds will be allocated to our chapter and your tax receipt is instantly sent to you by email!



Welcome our New Event Coordinator!

Kayla McCarthy joins the Cystic Fibrosis Canada Team as the Edmonton & Northern Alberta's new Event Coordinator. She has an Arts background and is very excited to start working with our volunteers and sharing some new ideas! Please give her a warm welcome when you meet her!



Kinsmen Corporate Cup



With February upon us, and the hopes for warmer weather rising steadily, one local group is gearing up to raise hopes of another kind!

The Kinsmen Club of Edmonton sponsored by OK Tire is set to launch their 15th Annual Corporate Cup Hockey Tournament in support of finding a cure for Cystic Fibrosis.

The Kinsmen Corporate Cup is one of the largest corporate hockey tournaments in the Edmonton area and is part of Kin Canada's more than 45-year partnership with Cystic Fibrosis Canada. It is a hockey tournament that was started by local Kinsmen member John Windwick. Rod Keats and Yannick Tchania, this year's Kinsmen Co-Chair of

the event, say the tournament has raised in excess of \$15,000.00 a year to help support the local CF Chapter. And, equally as important, the Kinsmen Corporate Cup helps to raise awareness of this terrible disease within Edmonton companies!

This year's tournament will be held Feb 14th through Feb 18th, 2013 at the Kinsmen Twin Ice Arenas in Edmonton. Twenty-four teams and over three hundred players will compete in two divisions to emerge victorious in this year's competition. The caliber of play is exceptional as junior, college and former pros compete. And, as always, the real winners of the event are those with cystic fibrosis

Ride for the Breath of Life

SAVE THE DATE if you are a motorcycle rider! Saturday, June 22, 2013. The ride committee started meeting in December and they are working hard to make this one of the best years yet! They are currently working on incorporating a kickoff party to help raise awareness to our cause and give everyone an opportunity to participate...even if you don't have a bike! They are looking at dates in May for this party so watch for details and come out and join us!

The ride this year will include a chance to participate in a

poker run to add a different twist to the ride so be ready for a lot of new and exciting things to come. See you there!





Ways YOU can Get Involved

There are currently a couple of opportunities available to get involved with the Chapter or National at the moment.

Chapter: The Edmonton & Northern Alberta Chapter is currently looking for a volunteer with interest and knowledge in Publicity and Promotions to serve on the board. Please submit your resume to kirvine@cysticfibrosis.ca.

More information is available to interested candidates, just call 780-466-2265 or email kirvine@cysticfibrosis.ca.

National: Cystic Fibrosis Canada is currently looking for a volunteer for their **Provincial CF Advocate** position. This is a newly formed volunteer position that would only take a few hours each month, but can have a significant impact on the way CF issues are addressed in Canada by all levels of government. Additional information is available to interested parties, please email kirvine@cysticfibrosis.ca.



2013 Great Strides™ walk



The online registration is now open for the National Great Strides™ walk! If you visit www.cysticfibrosis.ca, follow the link to the Great Strides™ walk to register today!

If you have never been involved with the Great Strides walk before, we encourage you to join us this year. This is one of the greatest opportunities for CF families to not only get involved with helping to raise much needed funds for research and quality care, it also gives parents a chance to connect with other families who are dealing with the same issues, questions and concerns as they are; and it's a great way for friends of those with cystic fibrosis to make a real difference for those affected and their families.

The 2013 walk committee continues to try and involve the community through Corporate teams and our National Partners are always welcome to join us! It was great having many of our National Partners out at our Edmonton walk last year.

The committee also started a newsletter specific to the Great Strides™ walk last year and will continue to deliver essential information this way. For more information about how to receive information, or if you have questions, please direct those to the office at 780-466-2265

Walk Locations

♦ EDMONTON

♦ LEDUC

♦ FORT MCMURRAY

♦ WHITECOURT

♦ GRANDE PRAIRIE

♦ LLOYDMINSTER



THINK CYSTIC FIBROSIS CAN'T TOUCH YOU?

1 in 25 carries the
cystic fibrosis gene.

Are you the one?



To learn more and support cystic fibrosis research, visit
drowningontheinside.ca



Breathing life into the future™



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