

January — March 2009 Issue 43

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Director at Large	Jocelyn Gillis
CF Kin Liaison	Gerry Boehm
CF 65 Roses Liaison	Caroline Warren
Chapter Manager	Emily Westwood
Fundraising Coordinator	Kathy Irvine
Newsletter Editor	Patrick Lépine

CF INFORMATION DAY & CHAPTER AGM

Come hear the latest about cystic fibrosis. Edmonton CF Clinic staff who attended the fall 2008 international CF conference will share some of the latest information. Conference sessions include "The Cystic Fibrosis Story: a story of progress, hope and challenge", "Preventing CF Lung disease", and "Newborn Screening."

Come early and learn about the work of your local CCFF Chapter, provide your input for future directions, and celebrate with us the dedication of the individuals being recognized with awards.

DATE: Sunday, March 1, 2009

**TIME: 2:00 p.m. Annual General Meeting
& Awards Presentations
CF Information Session
Refreshments**

LOCATION: Kinsmen River Valley Place
Continue west beyond the parking lot for the Kinsmen Sports Centre at 9100 Waltherdale Hill, Edmonton. as if driving under the High Level Bridge.
Call the CF Office (780-466-2265) if you need directions.

REGISTERED DISABILITY SAVINGS PLAN

A Registered Disability Savings Plan (RDSP) delivered by the Canada Revenue Agency may be of interest to a few CF families. It helps parents and others save for the long-term financial security of a person with a severe disability. The Government of Canada has extended the

application period for the 2008 RDSP Grant and Bond through March 2, 2009. To find out more information, you can either follow the link on the CCFF website (www.cysticfibrosis.ca) or call the Canada Revenue Agency at 1-800-959-8281.



Citie Ballet Presents Community Spirit Show

~ February 22, 2009 ~
Tickets are \$20 Adult \$15
Children & Seniors. This
show will feature amazing
dancers from studios
around Edmonton as well
as the awe of the
Alberta Ballet dancers!



Get your tickets today by
contacting the
Edmonton and Northern
Alberta CF Chapter.
please visit our "Events"
page for full details at
www.cfedmonton.ca.

Ready to order? Call
780.466.2265
and we will get your tickets
in the mail

DONATE YOUR OLD CAR FOR CF

Your old car can have new life!
Throughout Canada,
www.CharityCars.ca will accept a
donation of your old vehicle. Full value
will be donated to the charity of your
choice, Canadian Cystic Fibrosis
Foundation, of course, and you'll
receive a tax receipt. The organization
1877 End of Life is dedicated to

ensuring that when a vehicle reaches the
end of its useful life, it is disposed of in a
way that is not only efficient and meets
all legislated requirements, but
contributes to the future stability of the
environment. You can visit their website
directly or you can get more information
on the CCFF website <http://www.cysticfibrosis.ca/news.asp?id=493>.

A grant in 2008 from the
Wild Rose Foundation has
equipped the CF office with some
much needed equipment includ-
ing new desks, new computers
with up-to-date software,
t-shirts and vests for use by vol-
unteers at events, easels for
auction displays, and a portable
speaker system. Thank you
Wild Rose Foundation!



PRESIDENT'S CORNER WITH ALAN BARTMAN

Christmas and the New Year have
come and gone once again and we are
well into another year.
We have just wrapped up a couple of
very successful fundraisers over the
past few weeks, namely the 65 Roses
Oilers Dinner and the CF Night at the
Citadel. I was lucky enough to attend
both. Once again the project chairs and
their committees did a fabulous job.
In the near future some of the other
events being held in support of CF are
"Community Spirit 09" by the Citie Ballet
on February 22, the French Fling on
February 27th, and the Kinette Club of
Edmonton is hosting their annual CF
night at Schanks on the West end on
February 7. For more information on
these please contact the chapter office.

On March 1 we will be holding the Chapter
Annual General Meeting at River Valley
Place (the Kinsmen clubhouse in the River
Valley, near the Kinsmen Sports Center)
and this year we will be incorporating our
parent information session (formerly CF
information night) – further details are
included elsewhere in the newsletter.
I would like to thank Emily and Kathy from
the Chapter office for doing fabulous work
to keep things going, and I would also like
to thank all of the Board members for
making my year as President a true joy.
As I have mentioned in the past, the
Edmonton and Northern Alberta Chapter
has a great group of volunteers (and
employees) who are dedicated to
shortening the battle against Cystic
Fibrosis, and we are succeeding.

65 ROSES FACE OFF WITH CF DINNER

A new name, a different venue, a new emcee and a different program! Ethan Moreau and Steve Staiois joined over 100 people as we made some big changes to a time honored fundraiser. These two Edmonton Oilers and their families mingled with everyone in attendance – signing everything from programs to books, t-shirts to jerseys, sticks to gloves. They were very entertaining with our new "Ask the Players" segment – who would



Top: Ethan and Ornella Moreau at the Face off with CF Dinner.

Below: Chapter President Allan Bartman with his two daughters at the Faceoff with CF Dinner



have guessed that Ethan has hardly travelled and that Steve would probably own a store if he wasn't in the NHL? The silent auction table was popular with items such as housecleaning, I-pods, gift baskets and Oiler prints.

The night was capped off with some amazing live auction items including club seating at 3 Oiler games, and a one week vacation in Radium.

A huge thank-you to all our amazing sponsors, and to everyone that came out and supported the event! And a very special thank-you to the committee that helped pull it together!



Edmonton Kinsmen
Presents

French Fling- A Wine Tasting Experience

~February 27, 2009 ~

Tickets are \$45 each. Come out to enjoy hors d'oeuvres and 90+ French wines from 11 Regions of France. There will be a Live Auction and Silent Auction.

Live Auction Features
to date

~Personal Wine Cooler w/
bottles of wine
from around the world to start
your collection~

~Financial Health Audit
valued at \$2499.00~

Visit our website for full
details!!



Get your tickets today by
contacting the
Edmonton and Northern
Alberta CF Chapter.
please visit our "Events"
page for full details at
www.cfedmonton.ca.

Ready to order? Call
780.466.2265
and we will get your tickets
in the mail

NEW EVENT TAKES SHAPE



Chasing the future . . .

CFar , the Cystic Fibrosis Amazing Race, will be launched August 22, 2009. It will be a human-powered race in Edmonton's river valley, downtown and Whyte Avenue area. Participants may cycle, run, walk, rollerblade, skateboard, etc. using the city's outstanding trail system to reach checkpoints where they will complete one or more mysteries, roaming, and/or mandatory challenges before moving on to the next checkpoint. There will be a post-race event featuring

a brief awards program for the racers, a benefit concert for both CFar racers and others, and a barbecue. The race will be limited to 200 racers in the first year with participants registered in 100 teams of two. The target audience for the benefit concert is 1000 people. We expect to need several dozen volunteers to help us make this an amazing event. Please mark your calendars for August 22, and let us know if you would like to help out.

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www.ccff.ca

Clinic: University Hospital
(780) 407-6745



Edmonton and Northern
Alberta Chapter

Calendar

February 2009 – June 2009

- Feb. 7 - Schanks Night, sponsored
the Edmonton Kinettes
- Feb. 10 - Chapter Board Meeting
- Feb. 13-16- Kin Corporate Cup
(sponsored by Kinsmen
Club of Edmonton)
- Feb. 22 - Community Cite Ballet –
dance program
- Feb. 27 - French Fling, wine-tasting
- Mar. 1 - CF Information Day &
Chapter AGM
- Mar. 3 - Chapter Board Meeting
- Mar. - Hockey Draft mailout
- Apr. 7 - Chapter Board Meeting
- Apr. 30 – May 1- National Annual
General Meeting, P.E.I.
- May - Mail campaign mailout
- May 2 - Kin CF Day
- May 5 - Chapter Board Meeting
- May 31 - Great Strides Walk
- June 2 - Chapter Board Meeting
- June 7-8 - Casino
- June 20 - Ride for the Breath of Life
Motorcycle Ride

ROSE AND THORN GOLF TOURNAMENT DISCONTINUED



23RD ANNUAL
CYSTIC FIBROSIS
ROSE & THORN
MIXED CLASSIC 2008

After much discussion with committee members, board members, and other volunteers, the Chapter Board voted at the January board meeting to discontinue the Rose and Thorn Mixed Classic. It was unanimously agreed that the tournament has run its course and it is time to look at throwing that support behind a new endeavour. The number of charity golf tournaments has grown over the years since we started this tournament as the 65 Roses Ladies Classic. Even turning the event into a mixed field of golfers didn't seem to bring out the crowds that we had hoped. While recent tournaments had great return, their success required a huge effort from the

committee including begging for golfers each year. The board thanks the committee for a superbly organized event, one which offered participants much more than just a round of golf!

The Chapter has been busy planning a new event that is scheduled to take place this summer – CFar (Cystic Fibrosis Amazing Race) which we aim to make our signature event. Sue Zukowsky and Donna Orton of the Rose & Thorn committee will look at contacting the Rose & Thorn sponsors with the hope of their donations continuing but through this new event. Thank you everyone who has supported the Golf Classic tournaments over the years.

AN EVENING AT THE CITADEL

The 12th annual Evening at the Citadel, held Jan. 24, maintained its tradition of a wonderful evening of theatre, refreshments, and a very appealing auction. The theatre presentation was "Three Mo'Tenors" which featured three fabulous tenors singing an amazing variety of styles of music. As usual, this was preceded by a wine and cheese reception and followed by a Grand Marnier and dessert reception in the Tucker Amphitheatre. Tucker

Amphitheatre was also the location for the auction and the raffle of a 40" flat-panel Samsung TV. Following the conclusion of the play, guests sipped Grand Marnier, topped up their auction bids, and waited to hear their number drawn in the raffle. It was Rob Ashforth who took the TV home. Many thanks to Julie Hornig, her committee, and all the sponsors and guests. It was both a very enjoyable evening and another successful CF fundraiser.

2008 HOCKEY DRAFT OF HOPE

Probably every one of you is on the list of people receiving the Hockey Draft information package when it gets mailed out. If you aren't, but would like to be, please contact the CF office to get your name added before we do the mailout. The website for this event is www.cfhockeydraft.ca. While the 2008 information needs to stay up a while longer, this is a good place to find out how this raffle works and to check out the cash prizes which range from \$500 to \$10,000.

ORIGINAL JOE'S RUN FOR THE LUNG

Are you a *runner*? And a CF supporter? How about combining your two passions by helping with the planning of the 2009 Original Joe's Run for the Lung? This event is based out of the Terwillegar area Original Joe's Restaurant and Bar and runs in memory of Jessie McQuitty. The date has not yet been set for the 2009 run. If this event appeals to you, please contact Emily or Kathy at the CF office and they will get you connected with the planning committee.